









FUNCTIONS	
HIGH PULLEY	V
BACK TRAINING	♥
BAND PEGS	V
LEG DEVELOPER	8
LOW PULLEY	V
KNEE PAD	V
SHOULDER PRESS	♥
SQUAT	V

GENERAL	
MAX. LOAD	MAX. LEVERAGE ARM - 225 KG MAX. PULLEY - 100 KG (30 MM AND 50 MM WEIGHT PLATES)
WEIGHT PLATE STORAGE	♥
FOLDABLE	×
ASSEMBLED DIMENSIONS	L 177 x W 150 x H 210 CM
WEIGHT	85 KG
MAX. USER WEIGHT	N.A.
PRODUCT CODE	17TSWT8050
EAN CODE	8717842031674

ERGONOMICS	
ADJUSTABLE KNEE PAD	V
POSITIONS KNEE PAD	5
ANGLE KNEE PAD	-2/10/22/34/46
HEIGHT KNEE PAD	56/60/64/68/71 CM
LEVERAGE ARM HEIGHT	MIN 30 / MAX 192 CM
POSITIONS SAFETY PIN	7
ANGLE ARM SAFETY PIN	-37/-19/-3/10/20/37/45
HEIGHT ARM SAFETY PIN	70/89/125/144/157/178/186 CM

EXTRA	
HOME GYM ACCESSORIES	STRAIGHT BAR - LAT BAR
USER MANUAL	DE/ES/FR/GB/NL
USE	HOME

GH10 GLUTE HAM DEVELOPER

Pro Glute Ham Developer for various core exercises.
Very robust, which makes it suitable for professional use.
Comfortable core pad and foot support.
Foot support is adjustable in multiple positions.
Use the band pegs with a resistance/power band for working out with extra resistance to make the exercise more challenging.

Art. code 18TSGH1000



FUNCTIONS	
AB TRAINER	•
LEG ROLLS	V
BACK TRAINER	V
PUSH-UP SUPPORT	8
BAND PEGS	•

GENERAL	
ASSEMBLED DIMENSIONS	L 168 x W 77 x H 116 CM
WEIGHT	48 KG
MAX. USER WEIGHT	150 KG
PRODUCT CODE	18TSGH1000
EAN CODE	8717842030349

ERGONOMICS	
ADJUSTABLE CORE PAD	X
HEIGHT CORE PAD	100 CM
ADJUSTABLE FOOT SUPPORT	V
POSITIONS FOOT SUPPORT	14
DISTANCE FOOT SUPPORT	46/50/54/58/62/66/70/74/ 78/82/86/90/94/98 CM

EXTRA	
USER MANUAL	DE/ES/FR/GB/NL
USE	HOME/PROFESSIONAL

WT20 SISSY SQUAT TRAINER





FUNCTIONS	
AB TRAINER	V
KNEE ROLLS	8
LEG ROLLS	V
BACK TRAINER	8
PUSH-UP SUPPORT	O
BAND PEGS	×

FUNCTIONS		0
AB TRAINER	V	A
KNEE ROLLS	8	V
LEG ROLLS	V	N
BACK TRAINER	8	P
PUSH-UP SUPPORT	V	E
BAND PEGS	×	

ERGONOMICS	
ADJUSTABLE CALF-PAD	♥
POSITIONS CALF-PAD	4
HEIGHT CALF-PAD	37/39/41/43 CM
ADJUSTABLE FOOT SUPPORT	♥
POSITIONS FOOT SUPPORT	4
DISTANCE FOOT SUPPORT	6/8/10/12 CM
TRANSPORT WHEELS	V

GENERAL	
ASSEMBLED DIMENSIONS	L 103 x W 59 x H 37 CM
WEIGHT	13 KG
MAX. USER WEIGHT	150 KG
PRODUCT CODE	17TSWT2000
EAN CODE	8717842031681

EXTRA	
USER MANUAL	DE/ES/FR/GB/NL
USE	HOME

RC20 CROSS FIT RACK - MONKEY BAR



CARDIO FIT D10 UNDER DESK BIKE

Bike trainer with an elliptical cross-training movement. Keeps your knees in a low position and offers a safe and comfortable way of exercising. Adjustable resistance and a display for training information.

Art. code 18TCFD1000





MONITOR	
DISPLAY SIZE	20 x 30 MM
DISPLAY TYPE	LCD MONO COLOR
PROGRAMS TOTAL	1
RESISTANCE LEVELS	MANUAL
LANGUAGES	ENGLISH
WATT PROGRAM	X
TIME, DISTANCE, CALORIE	•

EXTRA	
TRANSPORT WHEELS	♥
USER MANUAL	DE/ES/FI/FR/GB/NL/SE
USE	HOME

GENERAL	
BRAKE SYSTEM	FRICTION
FLYWHEEL SYSTEM	5 KG
ERGOMETER	8
POWER SUPPLY	CONSOLE BATTERIES (2X AAA)
PEDALS	COMFORT
DIMENSIONS	L 62 x W 48 x H 26 CM
WEIGHT	11 KG
PRODUCT CODE	18TCFD1000
EAN CODE	8717842031612
BOX DIMENSIONS	L 59 x W 42 x H 30 CM
BOX WEIGHT	13 KG



PRO BAR PAD DELUXE

Pro bar pad for extra comfort. Velcro closure to keep the bar in place. Length: 42 cm. Thickness: 2.8 cm. Weight: 215 gr.



Art. code 14TUSCL391

SUSPENSION TRAINER MOUNT WHITE

This mount is suitable for attaching the suspension trainer to a wall or ceiling. Includes installation set. Diameter: 12 cm. Weight: 650 gr. Maximum weight: 200 kg.

Art. code 14TUSFU301





WATER BOTTLE DELUXE

Luxury water bottle with straw for easy drinking. Screw top lid. Flip up straw spout carry handle. BPA free. Capacitity 600 ml.

Art. code 14TUSTE148



PRO EXERCISE WHEEL DELUXE

Heavy duty pro exercise wheel, curved anti slip wheel to easily move sideways. Ergonomic handles for good grip and control. Wheel width 9.1 cm. Dimensions: L 43 x W 21 x H 21 cm.

Art. code 14TUSFU194

GYMNASTIC MAGNESIUM





AEROBIC POWER STEP

Improved power step, adjustable in 3 levels. Anti slip surface material. L 108 x B 41x H 10/15/20 CM

Art. code 14TUSCL390



FLOOR PROTECTION MAT FOR MINI TRAINERS

Protects the floor and muffles sounds when exercising on a mini bike. Dimensions: L 64 x W 52 x H 0.4 cm.

Art. code 14TUSFU302



CORE SLIDERS PAIR

Set of 2 core sliders. Compact, lightweight and easy to carry. Can slide smoothly on different surfaces. Ergonomic, anti slip pattern for more grip during the exercise. Diameter: 18 cm.

Art. code 14TUSYO044

RESISTANCE & CORE SLIDERS SET

Set of 2 core sliders and 5 resistance bands. Combine the 2 products for multiple exercises or use them separately. Both products are compact, lightweight and easy to carry.

Art. code 14TUSYO045



block 60 - 65 gr.

Art. code 14TUSGA029



TABLET/PHONE HOLDER FOR B35, B40, C30 CARDIO FITThis holder ensures that all values on the monitor of your Cardio Fit B35 / B40 Bike or C30 Crosstrainer remain visible. You simply place your tablet or your phone above the screen. Suitable for all sizes phones and tablets.

Art. code 16TCFTH010



BALANCE PODS PAIR TURQUOISEUsed to improve stability, balance, strength, and flexibility. Spike texture for massage and grip.

Art. code 14TUSYO043



PRO BALANCE TRAINER

Strong balance trainer for stabalization and coordination exercises. With tubes for various training exercises. Diameter: 60 cm. Height: 22 cm. Total length tube and handles: 90 cm.

Art. code 14TUSFU303



BRUCE LEE FREE STAND PUNCH BAG

Base needs to be filled with sand or water. Colour: Black. Product dimensions: L $67 \times W \ 67 \times H \ 180 \ cm$. Dimensions footstand: L $67 \times W \ 67 \times H \ 38 \ cm$. Dimensions punch bag: L $38 \times W \ 38 \times H \ 140 \ cm$.

Art. code 14BLSBO096



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